



## LIONS ANNUAL 2k FUN RUN and 10k RUN



### INFORMATION AND RULES,

Please also see website for further details and route map: [www.lionsdorchester.org.uk/events](http://www.lionsdorchester.org.uk/events)  
Updates will be provided on our facebook page [LionsDorchester](#)

**VENUE:** Dorchester Middle School, Coburg Road, Dorchester, DT1 2HR

**PARKING:** No Parking at the School Coburg Road Car Park, please use School Car Park on Queen's Avenue, or Car Park adjacent to Hardye's School entrance or surrounding streets

**DATE:** Sunday 6th May 2018

### SCHEDULE/TIMETABLE

Registration desk and Race number collection	0900 - 1015
Warm-up routine	1010
10K start	1025
2k start	1035
Results and presentation	1145 approx,

Note – All Entrants who finish the 2k and 10k runs will each be presented with a finisher's medal soon after they cross the line. 10k category winners will receive prizes at the presentation.

### 10k - REGISTRATION, PAYMENT AND OPTIONAL SPONSORSHIP

Enter online by visiting [www.fullonsport.co.uk](http://www.fullonsport.co.uk) and searching for 'Dorchester 10k'  
OR Entry forms can be downloaded from [www.lionsdorchester.org.uk/events](http://www.lionsdorchester.org.uk/events)

Completed forms should be sent to

Race Secretary c/o 52 Weatherbury Way, Dorchester, DT1 2EF.  
(Cheques made payable to Lions Club of Dorchester & District)

- Closing date for postal applications 5th May 2018.
- Entries will be available on the day (numbers permitting)
- Age limit: minimum 15 on the day of the race

Payment Advanced entries	UKA/EA Affiliated members	£14. 00
	Non-affiliated members	£16. 00

*Sponsorship available online if you wish to raise money for charity. 50% of the money will go to your nominated charity and 50% to the Lions Charity fund for local community good causes or needs.  
Completed sponsorship forms and monies (preferably by cheque) to be sent to the Race Secretary as above.*

### 2k - REGISTRATION AND SPONSORSHIP

For advanced registration (preferable) please ensure you return your completed form by 4pm on Thursday 3<sup>rd</sup> May 2018 to the Dorchester Sport Centre, Coburg Road, or Tourist Information Centre at the Library.

- Every Individual and Group/Team Runner in the 2K **must complete a Sponsorship Form**. Please hand in to the appropriate Registration Desk between 0900 and 1015.
- The Group/Team manager is requested to collect and hand in their Group's Sponsorship Forms, collect them immediately after the run, and preferably hand in Sponsorship Monies at the same time.

- After the run the Validated Sponsorship Form(s) must be collected from the same registration desk.
- Sponsorship Money should preferably be handed in with the Sponsorship Form(s) to the Registration Desk on the day in a sealed envelope. (Cheques payable to Lions Club of Dorchester and District) Alternatively cheques with Sponsorship Form(s) can be sent to Lion Treasurer Derrick Buswell, 52 Weatherbury Way, Dorchester, DT1 2EF
- Sponsorship sums submitted by Individual Runners or Groups of less than £20 will be retained by the Dorchester and District Lions Club for the Lions' Charity Fund.

## SAFETY

All entrants must observe the rules of the road. Whilst every effort is made to supervise the routes for maximum safety, The Lions Club of Dorchester & District, Marshals and Sponsors accept no responsibility for any accident that might occur, however caused, or loss of valuables and kit. The use of bicycles, roller skates, roller blades, scooters, skateboards etc is NOT permitted. **However, in the 2K, we welcome toddlers under 4 in pushchairs and wheelchair users.**

**Route Marshals will be in place at key locations to guide runners on each route, provide encouragement and give assistance as required. Route maps are available on our website.**

## AWARDS

**2k**

Medals for all finishers

**10k:**

1<sup>st</sup> and 2<sup>nd</sup> placed male and the following age cat to receive prizes.

MSEN / FSEN

M40 / F35

M50 / F45

M60 / F55

M70 / F65

Plus Momentos/goody bags for all 10k finishers.

## FINISH

Would **all runners** please ensure you understand the layout of the finish area including water and catering points before the run.

### Enquiries:

**2k** - Andy Rose                    **07815 873246**  
**10k** - Tony Rimmer                **07788 424552,**  
       - Derrick Buswell            **01305 262954 / 07970 820071**

**Or Email [tony.howden@hotmail.co.uk](mailto:tony.howden@hotmail.co.uk)**

*All Sponsorship monies raised from the event will be divided equally between the Lions Club's projects and the Charity or bona fide non- political or non-profit making organisation nominated by the entrant(s). Monies to the nominated charities will be distributed by the Lions Club after all monies have been received.*

**THANK YOU FOR SUPPORTING OUR EVENT**

