**Lions Annual 10k**

## 10K

**Sunday 22nd May 2022 10.30am**

**In Association with Dorchester RIOT Running Club**

 [www.lionsdorchester.org.uk](http://www.lionsdorchester.org.uk)

**DORCHESTER MIDDLE SCHOOL, Coburg Road, Dorchester DT1 2HR**

* Beautiful, multi-terrain, timed run via Maiden Castle and Poundbury.
* Raising Money for local good causes
* Prizes for first and second male and female
* Medals available for all finishers unless entrant has opted out

**10k Entry Form – Registration: 9am-10:15am**

First Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Surname \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Post Code \_\_\_\_\_\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_@\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tel Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Gender \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on Race day \_\_\_\_\* Athletic club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Minimum age 15 on race day

I Will be Running with a Dog (see Information and Rules)

I wish to opt out of receiving a medal (see Info & Rules)

I agree that Dorchester and District Lions Club (DDLC) can retain my contact details for the next year so they can keep me up to date with 10k and other Lions forthcoming events. DDLC promise that they will not use your details for any other purpose and that we will not pass your details on to a third party. If at any time you want us to remove your details from our contacts list please Email your request to:

 billbillingham54@gmail.com

 I authorise you to take photographs/video of me and for those images to be used by Lions Clubs of the

 British Isles and Ireland for the purpose of printed, digital, video or other mediums to promote and

 publicise Lions Clubs of the British Isles and Ireland. Images will not be used for any other purpose or

 be forwarded to others.

 Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_/\_\_\_\_\_\_/\_\_\_\_\_\_\_\_

**Send forms *(To be received by 21 May)* and cheques to: Treasurer,15 Church Acre, Dorchester, DT1** 1RB payable to Dorchester and District Lions Club. Or **BACS to (Lions Club of Dorchester & District, Sort Code 30-92-69 Account No 00165406-Reference 10k Run plus Surname)**

**Online entry: at** [www.lionsdorchester.org.uk/events](http://www.lionsdorchester.org.uk/events) **(See links to Let’s Do This)**

**Entry Fees: Unaffiliated runners £20, ARC/UKA/EA Registered £18**

***(on the day entries available at £22 subject to race limit not being reached)***

***Lions Club of Dorchester and District Reg Charity No 11785808***

***RACE ENTRY FEE SPONSORSHIP POSTAL ENTRY***

***NO. PAID PAID or PLEDGED ACKNOWLEDGEMENT***

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