#### LIONS CLUB OF DORCHESTER & DISTRICT



# **LIONS 2k FUN RUN**



# Sunday 8<sup>th</sup> May 2022 INFORMATION AND RULES

Please also see website for further details: <a href="www.lionsdorchester.org.uk/events">www.lionsdorchester.org.uk/events</a>
Updates will be provided on our facebook page LionsDorchester

**VENUE**: Poundbury Great Field, Dorchester

PARKING: Please park responsibly in the surrounding roads and bear in mind that this is a residential area.

**TIMETABLE** 

Registration desk and Race number collection 1000 - 1055

2K start 1100

All Entrants who finish the 2k will each be presented with a finisher's medal soon after they cross the line.

## REGISTRATION

Download an entry form from Dorchester Lions website. Completed forms should be sent to:

#### Race Secretary c/o 30 Celtic Crescent, Dorchester, DT1 2TA

Or emailed to tony.howden@hotmail.co.uk

- Applications to be received before noon on Sat 7<sup>th</sup> May 2022.
- Entries will be available on the day (numbers permiting)
- Fancy Dress Optional!!

## 2k ENTRY DONATION

- Age limit: None

### **SPONSORSHIP** - Sponsorship Money to be Paid in Before Tuesday 24th May

- Every Individual Runner in the 2K is encouraged to complete a Sponsorship Form in addition to the entry donation. Please hand in to the Registration Desk between 1000 and 1055.
- Sponsorship Forms must be collected immediately after the run from the Registration Desk
- Sponsorship Money should preferably be handed in with the Sponsorship Form(s) (or contactless payment) at the Registration Desk on the day in a sealed envelope. (Cheques payable to Lions Club of Dorchester and District) Alternatively cheques with Sponsorship Form(s) can be sent to Lion Treasurer Neil Gatehouse as above
- Sponsorship sums submitted by Individual Runners of less than £20 will be retained by the Dorchester and District Lions Club for the Lions' Local Charity Fund.

**ROUTE** – Runners will complete 2 clockwise circuits of the Pathways between the Pavillion, the Cemetry entrance returning to the Pavillion.

### **SAFETY**

Runners should keep to the left except when overtaking. Whilst every effort is made to supervise the routes for maximum safety, The Lions Club of Dorchester & District, Marshals and Sponsors accept no responsibility for any accident that might occur, however caused, or loss of valuables and kit. The use of bicycles, roller skates, roller blades, scooters, skateboards etc is NOT permitted. **However we welcome toddlers under 4 in pushchairs and wheelchair users.** In accordance with England Athletics regulations the use of headphones is not allowed in the race.

Route Marshals will be in place at key locations to guide runners on the route, provide encouragement and give assistance as required.

**ENQUIRIES** Tony Howden 07503791402, or Bill Billingham 01305 267832

Or Email tony.howden@hotmail.co.uk

All Sponsorship monies raised from the event will be divided equally between the Lions Club's projects and the Charity or bona fide non-political or non-profit making organisation nominated by the entrant(s). Monies to the nominated charities will be distributed by the Lions Club after all monies have been received.

THANK YOU FOR SUPPORTING OUR EVENT

Lions Club of Dorchester and District Reg Charity No 11785808